

ALLERGEN & INGREDIENTS
INFORMATION V2.3

# POTATOES

All potatoes coated with Olive Oil and served with salt, pepper and Flora Original Spread.

Flora Original Spread with Natural Flavourings: Plant Oils (Rapeseed, Sunflower, Linseed), Water, Coconut Fat, Salt (1.3%), Plant Based Emulsifier (Lecithin), Natural Flavourings, Vitamin A

## **TOPPINGS**

#### Cheddar cheese:

Cheese (Milk), Anti-Caking Agent (Potato Starch)

## Violife Vegan Cheese:

Water, Coconut Oil (24%), Modified Starch (Potato & Corn), Corn Starch, Sea Salt, Flavourings, Olive Extract, Colour: B-Carotene, Vitamin B12

#### Jack's Sweetcorn in Water:

Sweet Corn, Water

#### Baked Beans:

Beans (47%), tomatoes (36%), Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract

### Plain Tuna:

Skipjack Tuna (Fish), Water, Salt

### Tuna Mayonnaise:

Skipjack Tuna (**Fish**), Water, Salt, Water, Rapeseed Oil (40%), Pasteurised **Egg** Yolk (4%), Modified Maize Starch, Spirit Vinegar, Sugar, Salt, Stabilisers (Guar Gum, Xanthan Gum), **Mustard** Powder, Preservatives (Potassium Sorbate), Acidity Regulator (Citric Acid)

#### Branston Pickle:

Vegetables in Variable Proportions (52%) (Carrot, Rutabaga, Onion, Cauliflower), Sugar, **Barley** Malt Vinegar, Water, Spirit Vinegar, Tomato Puree, Date Paste (Dates, Rice Flour), Salt, Apple Pulp, Modified Maize Starch, Colour (**Sulphite** Ammonia Caramel), Onion Powder, Concentrated Lemon Juice, Spices, Colouring Food (Roasted **Barley** Malt Extract), Herb and Spice Extracts

#### Bolognese:

Beef, Tomato, Garlic, Onion, Basil, Oregano, Tomato Puree, Salt, Pepper, **Celery**, Carrots, Parsley

Beef Chilli:

Beef, Tomato, Garlic, Onion, Tomato Puree, Salt, Pepper, Sugar, Celery, Carrots, Paprika, Cumin, Chilli Powder, Black Beans, Kidney Beans, Bell Pepper

Coleslaw:

Water, Rapeseed Oll (40%), Pasteurised **Egg** Yolk (4%), Modified Maize Starch, Spirit Vinegar, Sugar, Salt, Stabilisers (Guar Gum, Xanthan Gum), **Mustard** Powder, Preservatives (Potassium Sorbate), Acidity Regulator (Citric Acid), Red Cabbage, White Cabbage, Onion, Chives, Salt, Pepper

Vegan Coleslaw:

Red Cabbage, White Cabbage, Onion, Chives, Salt, Pepper, Rapeseed Oil (60%), Water, Spirit Vinegar, Modified Maize Starch, Sugar, Salt, Acidity Regulator (Lactic Acid), Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Colours (Curcumin, Paprika Extract)

Chickpea Curry:

Sweetcorn, Broccoli, Cauliflower, Sweet Potato, Peas, Turmeric, Madras Curry Powder, Cumin, Coriander, Baby Carrots, Courgette, Onion, **Celery**, Chickpeas, Aubergine, Peppers, Salt, Pepper, Coconut Milk, Butternut Squash, Tomato Puree

Three Bean Chilli

Onion, Garlic, Carrots, Peppers, Kidney Beans, Cumin, Chilli Powder, Ground Coriander, Paprika, Tomato Puree, Tinned Tomato, **Celery**, Salt, Peppercorns, Vegetable Stock, Black Beans, Cannellini Beans

Vegan Garlic Butter

Water, Plant Oils (Rapeseed, Palm, Sunflower 4%, Linseed), Salt 1.3%, Plant Based Emulsifiers (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Natural Flavourings, Vinegar, Vitamins A and D, Garlic, Olive Oil, Parsley

Chef's Larder Vegan Mayo

Rapeseed Oil (60%), Water, Spirit Vinegar, Modified Potato Starch, Sugar, Salt, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colours (Paprika Extract, Beta-Carotene)

## **SNACKS**

# Original Pringles:

Dehydrated Potatoes, Sunflower Oil, **Wheat** Flour, Corn Flour, Rice Flour, Maltodextrin, Emulsifiers (E471), Salt, Colour (Annatto Norbixin)

## Salt and Vinegar Pringles:

Dehydrated Potatoes, Vegetable Oils (Sunflower, Palm, Corn) in varying proportions, **Wheat** Flour, Corn Flour, Rice Flour, Salt and Vinegar Seasoning (Flavourings {**Barley**}, Potato Starch, Lactose {**Milk**}, Maltodextrin, Flavour Enhancers {Monosodium Glutamate, Disodium Guanylate, Disodium Inosinate}, Salt, Acids {Citric Acid, Malic Acid}, Sunflower Oil), Malodextrin, Emulsifier (E471), Salt, Colour (Annatto Norbixin). May Contain Soy

### DESSERTS

### Cakehead Raspberry and Coconut Brownie:

Belgian Dark Chocolate (15%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Soya Lecithin, Natural Vanilla Flavouring), Soft Light Brown Sugar, Coconut Yogurt (Coconut Cream, Coconut Water, Tapioca Starch, Lactobacillus Culture), Belgian Dark Chocolate Buttons (12%) (Sugar, Cocoa Mass, Cocoa Butter, Fat Reduced Cocoa Powder, Emulsifier: Soya Lecithin, Vanilla Extract), Desicatted Coconut (6%), Ground Almonds, Raspberry Jam (5%) (Glucose Fructose Syrup, Raspberry Puree with Seeds, Raspberry Crumb, Sugar, Gelling Agent: Pectin, Colour: Anthocyanin, Natural Raspberry Flavouring, Acidity Regulator: Citric Acid, Tri-sodium Citrate), Icing Sugar, Coconut Milk (4%) (Coconut Extract, Water), Coconut Milk Powder (Coconut Milk, Maltodextrin, Modified Corn Starch), Tapioca Starch, Vegetable Margarine (Vegetable Oils (Palm (Certified Sustainable), Rapeseed), Water, Salt, Emulsifier: Distilled Monoglyceride, Preservative: Potassium Sorbate, Natural Flavouring, Natural Colouring: Beta Carotene), Cocoa Powder, Water, Raspberries (1%), SOYA Protein Powder, Potato Starch, Sugar, Sorghum Flour, Shredded Coconut (0.5%), Natural Vanilla Flavouring, Rapeseed Oil, Alpha Dextrin, Coconut Oil, Freeze Dried Raspberry Pieces (0.2%), Baking Powder (Raising Agent: Disodium Diphosphate, Potassium Hydrogen Carbonate), Salt, Thickening Agent: Xanthan Gum, Coffee Extract, Maize Starch, Natural Flavouring, Natural Cream Flavouring, Natural Coconut Flavouring

(May be present sources of Eggs, Milk and other Nuts)

# Lichfields Chocolate Chip Flapjack Slices:

Oats (35%), Golden Syrup, Butter (Milk), Sweetened Condensed Skimmed Milk (Skimmed Milk, Sugar), Sugar, Margarine (Palm Oil, Rapeseed Oil, Water, Coconut Oil, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Flavouring), Dark Chocolate (6%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithins), Flavouring),

Milk Chocolate Chunks (6%) (Sugar, Dried Whole Milk, Cocoa Butter, Cocoa Mass, Emulsifier (Soya Lecithins), Flavouring), White Chocolate Drizzle (Sugar, Cocoa Butter, Dried Whole Milk, Dried Skimmed Milk, Emulsifier (Soya Lecithins), Flavouring)
May also contain Nuts.

## Lichfields Triple Chocolate Brownie:

Sugar, Pasteurised Whole Egg, Butter (Milk), Wheat Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Milk Chocolate (11%) (Sugar, Cocoa Butter, Dried Whole Milk, Cocoa Mass, Emulsifier (Soya Lecithins) Natural Vanilla Flavouring), Dark Chocolate Chunks (9%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithins) Natural Vanilla Flavouring), White Chocolate Chunks (5%) (Sugar, Dried Whole Milk, Cocoa Butter, Emulsifier (Soya Lecithins) Flavouring), Fat Reduced Cocoa Powder (45%), Gelling Agent (Gum Arabic), Natural Vanilla Flavouring, Preservative (Potassium Sorbate)

#### Rocky Road Slice

Flavour Coating (60%) (Sugar, Palm Oil, Whey Powder (Milk), Wheat Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Fat Reduced Cocoa Powder (8%), Emulsifiers (Soya Lecithins, Polyglycerol Polyricinoleate), Flavouring), Digestive Biscuit (20%) (Wheat Flour, Wholemeal Wheat Flour, Sugar, Palm Oil, Rapeseed Oil, Invert Sugar Syrup, Raising Agents (Sodium Carbonate, Ammonium Carbonate), Salt), Sultanas (8%) (Sultanas, Sunflower Oil), Marshmallows (6%) (Glucose-Fructose Syrup, Sugar, Water, Pork Gelatine, Maize Starch, Flavouring), Margarine (Palm Oil, Rapeseed Oil, Water, Coconut Oil, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Flavouring), Glacé Cherries (3%) (Cherry, Glucose-Fructose Syrup, Sugar, Colours (Aronia Juice from Concentrate, Carrot Concentrate), Acid (Citric Acid), Preservative (Sulphur Dioxide))

# ALCOHOLIC DRINKS

## Espressotini:

Absolut Vodka, Kahlua, Baileys (contains Milk), Coffee, Simple Syrup

## Caramel Espressotini:

Absolut Vodka, Kahlua, Baileys (contains Milk), Coffee, Caramel Syrup

## Hazelnut Espressotini:

Absolut Vodka, Kahlua, Baileys (contains **Milk**), Coffee, Hazelnut Syrup (contains Hazelnut Extract)

## Vanilla Espressotini:

Absolut Vodka, Kahlua, Baileys (contains **Milk**), Coffee, Vanilla Syrup

# Chocolate Espressotini:

Absolut Vodka, Kahlua, Baileys (contains **Milk**), Coffee, Dark Chocolate Syrup

# Mango Breeze:

Absolut Mango Vodka, Malibu Rum, Coconut Syrup, Cranberry Juice, Pineapple Juice

## English Garden:

Beefeater Gin, Elderflower Syrup, Apple Juice, Cranberry Juice

#### Woo Woo:

Absolut Vodka, Archers, Cranberry Juice

### DRINKS

Espresso:

Coffee

<u>Americano:</u> Water. Coffee

Latte:

Coffee, Milk/Oat Milk/Soya Milk

Macchiato:

Coffee, Milk/Oat Milk/Soya Milk

Flat White:

Coffee, Milk/Oat Milk/Soya Milk

Cappuccino:

Coffee, Milk/Oat Milk/ Soya Milk, Chocolate Powder (may contain Milk)

Mocha:

Coffee, Milk/Oat Milk/ Soya Milk, Chocolate Syrup, Chocolate Powder (may contain Milk)

Hot Chocolate:

Milk/Oat Milk/ Soya Milk, Chocolate Powder (may contain Milk), Chocolate Syrup

### Soya Milk:

**Soya** Base (Water, Hulled **Soya** Beans (8.7%)), Apple Extract, Acidity Regulators (Potassium Phosphates), Calcium (Calcium Carbonate), Sea Salt, Stabiliser (Gellan Gum), Vitamins (B2, B12, D2)

#### Oat Milk:

Water, **Oats** 10%, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin and B12)